## **UNIT 4: PANTHEISM**

**LESSON 3: HINDUISM** 

### THE FOUR BIG QUESTIONS

- <u>Creation</u>: I have always been; I am going through a cycle of karma.
  The physical world was not created; it is an illusion
- <u>Fall</u>: Human sin is caused by ignorance of Oneness. Evil comes from failure to realize that what is seen is an illusion.
- Redemption: one must detach oneself from passion in action. One can burn off negative karma by work with a satgura (an advanced spiritual teacher)
- <u>Eternity</u>: The goal of life is liberation from samsara (the cycle of rebirths). Liberation can't be achieved unless a person rises above the law of karma.

#### KEY DEFINITIONS

- **Brahman**: the Oneness; the totality of which all things are parts. It has shown itself at different times and in different ways.
- maya: the illusion of this world
- Krishna: also called Vishnu; the Hindu god who is the embodiment of supreme reality

#### KEY DEFINITIONS

- Brahma: one of the primary gods of Hinduism; the creator god
- Puranas: popular texts that serve as scripture for the average Hindu

#### BASICS OF THE HINDU WORLDVIEW

- Hinduism is by definition a collection of ways, all of which ultimately lead to the same place
- The goal of a Hindu's life is liberation form the cycle of rebirths. Liberation cannot be achieved until all karmas are balanced and the individual rises above the law of karma.
- A good life is rewarded to rebirth into a better state, and a bad life results in rebirth into a lower state

#### BASICS OF THE HINDU WORLDVIEW

- An individual can gain liberation from karma by practicing duty, spiritual discipline, and devotion
- To a Hindu, living rightly means detaching oneself from passion in action. When one feels passion, he or she is creating new karma which must be dealt with in the future.

# The Indian caste system

